

BLANDFORD & DISTRICT U3A

KNITTING FOR FRIENDS OF BLANDFORD COMMUNITY HOSPITAL

All completed knitting will be collected at the open meetings held during the year or can be dropped off at Christine Smith's house: 5 Greenfield Road, Charlton Marshall, DT11 9PD. Thank you so much!

BRAVERY BEARS for young children – these will be used to give children who attend the hospital for a minor procedure something to concentrate on rather than needles and other nasty things! They can then take teddy home with them.

2 x Size 3.25mm needles

DK yarn (machine washable), colours:

Main colour for head and paws

Trouser colour

Jumper colour

Scarf colour

Washable toy stuffing

METHOD:

Teddy: Cast on 10 stitches in main colour. Knit 10 rows. Change to trouser colour and knit 30 rows. Make another leg in the same way.

Knit across all 20 stitches and work 16 rows. Change to jumper colour and knit 24 rows.

Change to main colour for head and also change to stocking stitch. Work for 5½ inches.

Change to jumper colour and continue remainder of Teddy knitting in reverse order to first side.

Stitch down the sides of the head. With jumper colour, pick up 8 stitches either side of neck join (16 st in all) and knit 20 rows. Change to main colour and knit 10 rows for paws.

Sew up Teddy leaving opening in crotch. Sew diagonal top corners for ears before stuffing – this makes the ears. Stuff Teddy with only polyester or other healthy, washable padding and sew up gap. Then run a thread through the knitting around the neck to draw it in.

Sew a happy face on Teddy – for mouth use either stem stitch or back stitch.

Scarf: Cast on 75 stitches. Knit 4 rows and cast off. Tie scarf on Teddy and sew firmly to back of neck. Do not sew down at front.



A great pattern for using up scraps of coloured yarn to make a cheerful and happy teddy for a child.

TWIDDLEMUFFS for those suffering with dementia

2 x 6.5mm straight needles or 8mm circular needle

DK and Chunky yarns in a variety of colours/wool types (machine washable)

Buttons, ribbons, beads, flowers, loops, pompoms etc for decoration

METHOD:

Inside: Cast on 45 stitches using 2 strands of DK or 1 strand of Chunky yarn (one plain colour works best).

Work in Stocking Stitch (knit a row, purl a row) for 11 inches.

Outside: Continue in Stocking Stitch, using a variety of colours/yarn types/stitches for more interest until work measures 23 inches. Cast off.

Finishing: If working with straight needles, lightly iron the long strip and decorate the mitt with ribbons, beads, flowers, etc making sure each item is securely attached, then join the sides together.

Turn inside out and push the one-colour cuff up inside the muff body. Sew the two open ends together, so you have a muff shape which you can put your hands inside.

NB: To avoid risk of infection, each patient receives their own Twiddlemuff and can take it home with them after they leave hospital, so make a loop on the mitt at the top so a patient identification band can be attached to it.



BLANKET SQUARES:

Using DK yarns and 4mm needles, cast on 3 stitches and knitting throughout, increase one stitch at start of each row until 40 stitches then decrease one stitch at start of each row until 3 stitches. Cast off. We will collect up the squares to make single bed and lap blankets for patients.